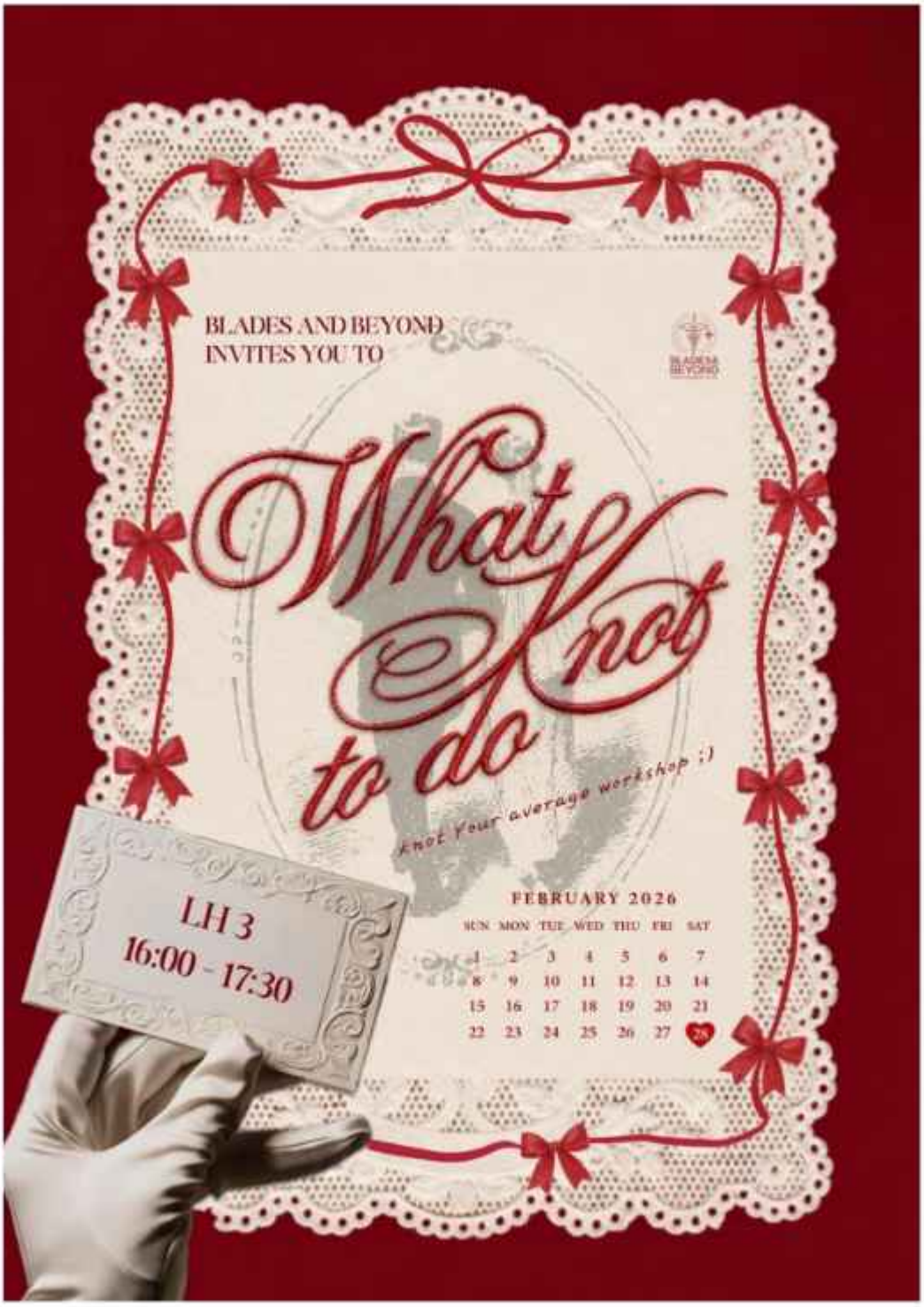
YENEPOYA



The brochure

YENEPOYA

Event Report

Form A

1	Title	"What Knot to Do"- A hands on workshop on basic surgical knotting techniques
2	Date	28.02.26
3	Objective	Teach Undergraduates Basic Surgical Knotting Techniques
4	Target Group	Undergraduates-Members of Blades and Beyond
5	Location of the Event	Lecture hall 3 - Yenepoya Medical College
6	Organising Department / College	Blades and Beyond – Student Led Surgery Club
7	Organising Committee Members	Ayesha Rida, Somya Saxena, Ishan Ginodia, Smera Rajesh and council of Blades and Beyond
8	Resource Persons with Affiliation	Dr. Gajjala Sai Dheeraj Reddy Senior Resident Department of General Surgery
9	External Organisations / Persons involved	None

10	Aligned Sustainable Development Goals	SDG 3 – Good Health and Well-Being: Teaching surgical knotting techniques in a student-led surgery club contributes to Sustainable Development Goal 3 of the United Nations by promoting safe surgical practices and improving future patient outcomes. Mastery of secure knotting reduces risks such as wound dehiscence, bleeding, and surgical site infections. Early exposure to proper tissue handling, aseptic precautions, and ergonomic technique strengthens the foundation of safe surgical care, thereby enhancing overall healthcare quality. SDG 4 – Quality Education: The initiative aligns with SDG 4 by providing structured, competency-based, and experiential learning opportunities beyond routine classroom teaching. A student-led model encourages peer-assisted learning, leadership development, and active skill acquisition. Using simulation models, standardised checklists, and objective assessment methods ensures equitable access to high-quality practical education and promotes lifelong learning among medical students. SDG 5 – Gender Equality: By ensuring equal participation and leadership opportunities for all genders, the surgery club supports SDG 5. It challenges traditional stereotypes associated with surgical fields and encourages female students to actively engage in procedural skill development and leadership roles, fostering a more inclusive and balanced surgical workforce.

		SDG 10 – Reduced Inequalities: The program supports SDG 10 by providing accessible training irrespective of socioeconomic background or academic year. Low-cost workshops, shared instruments, and reusable simulation kits reduce financial barriers and ensure that all interested students can acquire essential surgical skills without discrimination.

11	Alignment with any National or International Initiatives	care. National Initiatives: 1. NMC- CBME curriculum- emphasises skill labs, early clinical exposure, certification of procedural competencies 2. MoHFW- better trained graduates ensure a stronger public health system, aligning with the vision of Ayushman Bharat
		International Initiatives- 1. World Health Organisation- Global Surgery and UHC initiatives- WHO promotes strengthening basic surgical services and emphasises on safe, essential and emergency surgical care 2. The Lancet Commission on Global Surgery- key goal- 80% coverage of essential surgical services by 2030 3. Global Surgery 2030 Framework- focuses on safe, affordable surgical and anaesthesia

12	Brief Report of the Event A Surgical Knotting Workshop "What Knot to Do" was conducted for MBBS undergraduate students with the objective of strengthening basic surgical skills through structured, hands-on training. The academic session comprised 60 minutes of focused teaching on essential surgical knots, including the reef knot, surgeon's knot, square knotting technique, and Roeder's knot. The session was conducted in a practical, hands-on format to ensure active participation and skill acquisition among students. Additionally, the Aberdeen's knot was demonstrated through a detailed instructional video presentation to reinforce conceptual understanding and technique precision. The entire workshop was conducted under the supervision and monitoring of Dr. Dheeraj, who provided guidance, corrections, and real-time feedback to ensure proper hand movements, knot security, and ergonomic positioning. His oversight ensured that students practiced safely and adhered to correct surgical principles. The event concluded with an innovative and engaging activity a keychain-making competition using colourful beads incorporated with surgical knotting techniques. This activity allowed participants to creatively apply the knots they had learned, reinforcing retention in a fun and memorable manner. The workshop successfully combined skill development, mentorship, and interactive learning, making it both educational and engaging for all participants.
13	Outcome of the event
	Gain in knowledge/skills acquired- - theoretical and hands on experience in basic surgical knotting techniques.
	Pre-test average: Test not conducted Post-test average: Test not conducted Knowledge/Skill Gain: Practical competence in basic surgical knotting

14	Number of YMC Participants	Students	67
		Teachers	1
15	Number of External Participants / Beneficiaries (if applicable)	None	
16	Attach geo-tagged photographs of the event with appropriate captions (Max Two).		
17	Attach the brochure as an Annexure in the final PDF; **do not embed a scaled-down image in the Word document.**		

18	Seal and signature of the organiser	04/03/2026 AYESHA RIDA, PRESIDENT, BLADES & BEYOND 4/3/26 Sonya Saxena Vice President, Blades & Beyond BLADES& BEYOND

One of our council Members teaching knotting techniques to the members of the Blades and Beyond club under the supervision of Dr Dheeraj from Dept of General Surgery



YENEPOYA

One of the tables with the Council member-from 2024 batch teaching the members



2026 - 2027 COUNCIL MEMBERS

	6/1/26	6/2/26	20/2/26		
23 BATCH					
1. AYESHA RIDA	✓	✓	✓		
2. SOMYA SAXENA	✓	✓	✓		
3. ISHAN SINODIA	✓	✓	✓		
4. SMERA RAJESH	✓	✓	A		
5. MEERA MASHOOD	✓	✓	✓		
6. AAMINA SAGAR	✓	✓	✓		
7. AYSHA ABOOBACKER	✓	✓	✓		
8. JUNAID	✓	✓	✓		
9. TEJAS SANJEEV DESAI	✓	✓	A		
10. BUSHRA AHSAN	✓	✓	✓		
11. ANABIYAH	✓	A	✓		
24 BATCH					
1. ABDULLAH	✓	✓	✓		
2. SAMAR	✓	✓	A		
3. SANAA	✓	✓	✓		
4. HUDA	✓	✓	✓		
5. PARVATHY	✓	✓	✓		
6. SABA	✓	✓	✓		
7. PRANAV	✓	✓	✓		
8. NIYOR	✓	✓	✓		
9. TABIN	✓	✓	✓		
10. MINA AKBAR	✓	✓	✓		

2024 BATCH - MEMBERS FOR THE YEAR 26-27

	NAMES	6/1/26	6/2/26	28/2/26
1.	SIDDHARTH	✓	A	✓
2.	ZARIN	✓	✓	✓
3.	YUSUF	✓	✓	✓
4.	SARAH KAVNAN	✓	✓	A
5.	LUQMAN	✓	✓	✓
6.	HEMANTH	✓	✓	✓
7.	MEHREEN	✓	✓	✓
8.	PREM KUMAR	✓	✓	✓
9.	RABIYA	✓	✓	✓
10.	MEHWISH	✓	✓	✓
11.	ISHA	✓	✓	✓
12.	~~JOSH~~ JOSH	✓	✓	✓
13.	MEERA	✓	✓	A
14.	KARTHIK R	✓	✓	✓
15.	BHUPESH	✓	✓	✓
16.	IFRAH GHANI	✓	✓	A
17.	NAFEEZA SOHA	✓	✓	A
18.	KHADEEJA	✓	✓	A
19.	ROHIT	✓	✓	✓
20.	LAIBA	✓	A	✓
21.	AMNA	✓	✓	A
22.	SOHA MOHAMMED	✓	✓	A
23.	HAFSA	✓	✓	✓
24.	ESHAAN	✓	✓	✓
25.	~~SANA~~ SARAH TARWANI ↓ Added Newly.	✓	✓	✓

2023 BATCH - NEW MEMBERS - 2026-27'

NAMES	6/11/26	27/12/26	28/12/26
1. AQSA	✓	✓	✓
2. SYEDA ZOYA	✓	✓	✓
3. KHADIJA KAISER	✓	✓	A
4. LAVITA	✓	✓	✓
5. SHRAVYA	✓	✓	✓
6. DARSHANI	✓	✓	✓
7. BHOOMIKA	✓	✓	✓
8. ISHITA	✓	✓	✓
9. SHREEYA	✓	A	✓
10. KRUPA	✓	✓	✓
11. RUHINA	✓	✓	✓
12. DHAIWIK	✓	✓	✓
13. NOURIN	✓	✓	A
14. AYISHA HIBA	✓	A	✓
15. SANA	✓	✓	✓
16. AMRITHA	✓	✓	✓
17. SHRIDHULA	✓	A	A
18. LEON	✓	✓	✓
19. CATHERINE	✓	✓	A
20. NUMA	✓	✓	✓
21. ALBINA	A	✓	✓
22. ALEENA	A	✓	✓
(23). HAMMAD	A	A	A
24. JOSTIN	✓	A	✓
25. MAANVI	✓	✓	A
26. PRATHIK	↓ newly added	✓	✓

KNOT SESSION - 28th FEBRUARY 2026 - Extra Entries

2024 batch

→ 1. MEERAN

2023 batch

1. NIDA
2. POOJA
3. JUMANA
4. PRISHA
5. SOHA
6. RIZA
7. NACHI
8. MALLIKARJUN
9. HRIDYA
10. NIVEDITHA